



East Sussex Cycling Association

2022 President Peter Moon – Eastbourne Rovers CC

ESCA 50m Time Trial – Sunday 12th June 2022 – G50/89

Held for and on behalf of **Cycling Time Trials** under its rules and regulations



Start Sheet

Event Secretary

Chris Parker (Hastings & St Leonards CC)

5 Limden Close, Stonegate, Wadhurst, East Sussex TN5 7EG

Telephone: 01580 200016

Email: chrisparkerpett@aol.com

Mobile: 07597 557 432

On the day

Since I am riding Mark G has kindly agreed to be the contact during the event

Mark Gidney (Southborough & Dist. Whs)

Mobile: 07775 024 661

Timekeepers

Richard Meed (Lewes Wanderers CC) and **Su Balcombe** (Brighton Excelsior CC)

General Information

Event HQ

Fairwarp Village Hall, Nursery Lane TN22 3BD – Open from 05:45am. Heading north on the A22, turn right at Lampool Roundabout [TN22 3DR] into Straight Half Mile Road. Turn immediately left onto B2026 Lampool Road then second right into Nursery Lane (50 yards before the third right which takes you in to Fairwarp village). The HQ is on the left. Please consider parking further afield and cycling to the HQ to sign on.

Car Parking

There is limited parking in the car park, when full please park sensibly on the hall side of the lane with consideration for other road users and local residents. **Please do not block horsebox access for the property at the top of Nursery Lane where cones are placed. And please keep clear of gates into properties.**

Race Numbers

Race Numbers will be available at the event HQ. Please collect your number when you sign on. **If pinning your number please only use the eyelets, and please do not use additional pins as it tears the numbers.**

Additional Hazards

Notice of any additional hazards to be aware of on the course will be displayed next to the signing on sheet.

Start

The start is about a mile from the hall. Proceed out of the HQ car park and turn right, at the junction on the B2026 turn left, proceed to the next give way, turn right and at Lampool RBT take first exit to the start 440yds down the A22.

Results

We plan to use ResultSheet.co.uk all being well but there may be a delay in getting the results out until after the time keepers returns to the HQ.

Prize List

Fastest Overall

First	tbd
Second	tbd
Third	tbd

Fastest Lady

First	tbd
Second	tbd
Third	tbd

Fastest Jun / Juv

First	n/a
Second	n/a

Fastest Team of 3

First	tbd each
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Possible lane restriction and need to use the backup course...

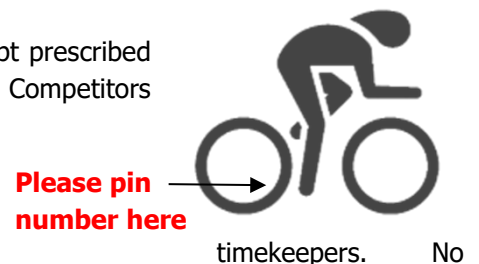
Everybody should be well aware of the possibility that the backup course may have to be used. This cover sheet had to be uploaded to the CTT web site before the latest checks on the roadworks at Lower Dicker. Please check your emails late Friday evening for information. If the road works are not completed it is expected that the lanes in both direction near the junction with Diamond Drive will be in use, but just in case, there is a backup course. The start and finish of the backup course are very close to the start and finish of the G50/89 but there will be four turns at The **Shaw RBT** and **Black Down RBT** if the A22 down to the **Boship RBT** is not suitable for use.

Additional Safety Instructions

- Competitors must not cross the A22 at the start and finish points and should exercise extra care when negotiating roundabouts.

Please pay attention to the following CTT regulations/recommendations

- Helmets** CTT regulations now require the use of a helmet that meets internationally accepted safety standards for **all competitors**. **NOTE THIS IS A NEW REGULATION FOR 2022**
- Parental Consent Forms** Under 18 age entries must download and complete and have a signed parental consent in order to compete. The completed form must be brought along to the signing on along with your helmet and lights. No helmet, no lights, no parental consent, no ride.
- Lights** CTT Regulations now require that no competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a **working rear red light, and to the front of their machine a working front white light**, either flashing or constant, that are illuminated and positioned to be clearly visible to other road users. **NOTE THIS IS A NEW REGULATION FOR 2022**
- Warming up** Competitors are requested not to warm up on the course after the first rider has started.
- Competitors' Vehicles** No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish.
- Official Observers** Official observers will be stationed around the course.
- Results** No times will be given out at the finish.
- Audio Equipment** Competitors must not use ANY audio equipment except prescribed hearing aids. A competitor in breach of this regulation shall be disqualified. Competitors must not use a mobile phone while mounted on their machines.
- Race Numbers** The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the time may be recorded if number is not correctly positioned.
- Signing Out** Please note competitors must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must return their race number and sign the official signing out sheet. A rider who fails to so sign the official signing out sheet shall be recorded as DNF.



Keep up to date with what's going on with ESCA time trialling...

East Sussex CA	Website	www.eastsussexca.org.uk/
	Facebook Group	www.facebook.com/groups/EastSussexCA/

Course Details

G50/89 – Maresfield – Halland – Lower Dicker – Halland – Maresfield – A22

Many thanks to Mike O’Gorman (Worthing Excelsior CC) who has mapped all the London South courses.
These course details can be viewed or downloaded from the Sussex CA website www.sussexca.org.uk/g2589.html

For course details with OS references and distances to two decimal places please see the CCT web site:

<https://www.cyclingtimetrials.org.uk/race-course/23939#anchor>

I always find maps are the easiest way to get an overall understanding of the course but have not found one for the G50/89 that shows the turn at 25 miles. The map on the next page is for the G25/89 that many riders on the start sheet have ridden. There are 9 roundabouts shown and labelled on the map, but the new **Owlsbury RBT** between **Copwood RBT** and **Little Horsted RDB** is not shown. The G50/89 is basically riding the G25/89 [please remember the points highlighted in green] twice but with the **minor differences highlighted in yellow**:

START on Maresfield by-pass ¼ mile south of Lampool RBT (at red paint mark at drain at southern end of lay-by)
N.B. the start of the G25/89 is 100 yards south of Lampool so the 50 is 340 yards further on down the A22

Straight over the first roundabout **Batts Bridge RBT** i.e. second exit staying on the A22

"RIGHT" NOTE THE ARROWS at the second roundabout **Black Down RBT** i.e. second exit staying on the A22

Straight over the third roundabout **Copwood RBT** i.e. second exit staying on the A22

Straight over the fourth not so new roundabout **Owlsbury RBT** which is not shown on the map below

Straight over the fifth roundabout **Little Horsted RBT** i.e. second exit staying on the A22

Straight over the sixth roundabout **Golf Course RBT**

Straight over the seventh roundabout **Halland RBT** i.e. second exit staying on the A22

"RIGHT" NOTE THE ARROWS at the eighth roundabout **The Shaw RBT** i.e. second exit staying on the A22

TURN at the ninth roundabout **Boship RBT** [12.88 miles] i.e. fourth exit to retrace back up the A22

Straight over the Shaw, Halland, Golf, Little Horsted, Copwood round RBTS i.e. staying on the A22 all the way

"LEFT" NOTE THE ARROWS at **Black down RBT** to stay on the A22 and go past the G25/89 finish to

TURN at the **Batts Bridge RBT** [24.99 miles] i.e. fourth exit to retrace back down the A22

Repeat the outward leg to **TURN** at the **Boship RBT** [37.15 miles] again and retrace back up the A22

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Straight over the Shaw, Halland, Golf, Little Horsted, Copwood round RBTs

"LEFT" at Black down RBT to stay on the A22 and go past the G25/89 finish to

Straight over the Batts Bridge RBT i.e. second exit to stay on the A22 heading back towards the start

FINISH at red arrow at drain by manhole opposite lay-by and 71 yards before three bar deceleration sign

N.B. the finish is just under a mile from Batts Bridge RBT before you get back to the start line on the other side

Note this is the G25/89 map. The G50/89 turns after 24.99 miles at Batts Bridge RBT to retrace back to Boshup RBT and the finish for the G50/89 is further on than the G25/89 finish between Batts Bridge RBT and Lampool RBT

N.B. The Owlsbury RBT between Copwood RBT and Little Horsted RBT is not yet shown on the map.

